Grove Primary and Westwood Primary

P.E. Long Term Plan – Year A

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| EYFS | Throwing and catching | Gymnastics | | Dance | | Balance and co-ordination | Sending and receiving | | Athletics | |
| Year 1& 2  Year A | Games –  Fundamentals  Woodland / Team building | | Games – Sending and receiving (Y1)  Dance | | Gymnastics - Points and Patches  (Val Sabin)  Games - Invasion | Woodland    Dance | Gymnastics  GS4PE Year 2  Games – Cricket  (Chance to Shine plans) | Athletics  Woodland | |
| Year 3& 4  Year A | Dance - GS4PE Y4 lessons 1-6  Woodland | | Gymnastics  GS4PE Y4  Games –  Ball Skills  GS4PE | | Games - Tag Rugby  Gymnastics  Val Sabin - Rolling  Swimming (Year 4) | Dance  Electricity (VS Y4 Unit 2)  Woodland | Athletics  Net/Wall Games – Tennis (LTA & GS4PE) | Striking and Fielding Games –  Kwik Cricket (chance to shine plans)  Woodland | |
| Year 5& 6  Year A | Games – Handball  (England Handball plans)  Woodland | | Games – Basketball  GS4PE + VS  Dance  GS4PE | | Gymnastics  GS4PE Y6  Woodland | Gymnastics / Yoga  (Val Sabin - Partnerwork - Matching and mirroring)  Games - Football  (VS + GS4PE) | Net/Wall Games - Badminton  GS4PE  Striking and Fielding - Rounders | Athletics  (GS4PE Year 6)  Woodland - OAA | |